

7555 Montrose Road - Unit E2, Niagara Falls - Ontario, L2H 2E9

Tel: (289) 292-0452 Email: niagara@medcarediagnostics.ca

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PLEASE FAX COMPLETED FORM TO 289-292-0453

MEDCARE DIAGNOSTICS WILL CONTACT
PATIENT TO SCHEDULE APPOINTMENT

REOUEST FOR CARDIAC DIAGNOSTIC TESTING & CONSULTATION PATIENT INFORMATION PHYSICIAN INFORMATION First Name Name_ Last Name Provider Billing # _____ Home Phone _ Phone -Cell Phone OHIP# _ Expiry_ Address ____ Version Code -Gender (at birth) Date of Birth (mm/dd/yyyy) _ Send Copy To ___ EXAMINATION REQUESTED 24-Hour Ambulatory Blood Pressure Monitoring (Charge Applies, Not Covered by OHIP.) First Available Consultation Holter Monitoring Internal Medicine Consultation 24 Hour 48 Hour 72 Hour Echocardiogram (without contrast) Dr. Howard Miller Treadmill Stress Test Dr. Muhammad Khawar **ECG** Treadmill Stress Echo (with consult) Dr. Amr Abd El-Radi Spirometry Dr. Harris Joseph Cardiology Consultation Dr. Nitin Verma *A patient with a positive stress test will be booked for an immediate consult with one of our medical providers. REASON FOR TESTING OR CONSULTATION Heart Murmur Abnormal ECG Pre/Post Op Atrial Arrhythmias (A. Fib / A. Flutter) Hypertension Prosthetic Heart Valve Bradycardia Interventional Procedures Pulmonary Disease Cardiac Structural Disease Mitral Valve Prolapse Sleep Apnea Cardioversion Native Valvular Regurgitation Structural Heart Disease Native Valvular Stenosis Chest Pain Syncope Chronic Heart Failure (Diastolic, Systolic) Obesity Tachycardia Diabetes Pacemaker Thoracic Aortic Disease Dizziness / Lightheaded **Palpitations** Ventricular Arrhythmia Dyspnea / SOB Pericardial Disease / Effusion Weakness / Fatigue Other/Clinical History: CARDIOVASCULAR RISK REDUCTION PROGRAM (Please Check All That Apply) Obesity Poor Diet URGENT/STAT Age Diabetes Mellitus Sedentary Lifestyle Family History Hypertension **High Stress** Ethnicity

Metabolic Syndrome

Dyslipidemia

Smoking History

Physician Signature

MedCare Diagnostics @ Niagara Square

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PATIENT PREPARATION AND ADDITIONAL DETAILS

- A valid OHIP card must be shown at every visit along with this requisition form
- · Bring current medication list
- Please refrain from wearing any fragrances; we are a scent free environment
- 24-hours notice is required for any appointment changes/cancellations
- Please arrive 15-minutes before your appointment to register
- Free parking is available

AMBULATORY BLOOD PRESSURE OR HOLTER MONITORING

- No body lotions, powders or oils 24-hours prior to test
- Bathe before appointment; no bathing or swimming while wearing monitor
- Wear loose fitting and comfortable clothing

STRESS TEST OR ECHOCARDIOGRAM

- No food, drink, caffeine or smoking 2-hours prior to test
- Wear loose fitting and comfortable clothing with walking/running shoes
- Bring your inhaler/puffer if you have exercise induced asthma
- If safe and advised by your physician, stop the follow medication(s) prior to test: Beta Blockers (48-hours), Nitrates (24-hours) Calcium Channel Blockers (24-hours), Erectile Dysfunction medication (72-hours)

Do NOT stop medication on your own

NUCLEAR CARDIOLOGY

- No caffeine 24-hours prior to test (coffee, tea, chocolate, pop and decaffeinated beverages)
- No food, drink or smoking 4-hours prior to test
- Wear loose fitting and comfortable clothing with walking/running shoes
- If safe and advised by your physician, stop the follow medication(s) prior to test: Beta Blockers (48-hours), Nitrates (24-hours) Calcium Channel Blockers (24-hours), Erectile Dysfunction medication (72-hours)

Do NOT stop medication on your own

SPIROMETRY

If safe and advised by your physician, stop any inhalers/puffers 24-hours prior to test
 Do NOT stop any medication on your own



